



Private classes - pricing structure

1-2-1 classes – individual or block bookings

9 am – 5 pm Monday to Friday

£65 per hour; £95 for 90 minutes

*A discounted price of £60 per hour is charged for 6 home sessions if booked and paid in advance and used within a period of 8 weeks **(Total £360)**.*

7-9 am/6 – 8 pm Monday to Friday

£75 per hour; £110 for 90 minutes

*A discounted price of £70 per hour is charged for 6 home sessions if booked and paid in advance and used within a period of 8 weeks **(Total £420)**.*

Saturday & Sunday

£85 per hour; £125 for 90 minutes

*A discounted price of £80 per hour is charged for 6 home sessions if booked and paid in advance and used within a period of 8 weeks **(Total £480)**.*



Yoga Intensive at home

£450 for 6 x 1 hour at home sessions to be used over a 2-week period, at a time mutually convenient.

Includes home practice assignments, personal support by email in between classes, and your own mat and props.



Live online class via Zoom

£40 per hour.

Please note:

- Prices are for travel to addresses in Zones 1 & 2, North of the River. For addresses beyond this there may a surcharge payable
- Prices are for sessions at home. For sessions in a hireable space close to your home/office a surcharge will be payable
- The prices stated are for one person, for additional attendees there will be a surcharge